

HELP YOUR FITNESS JOURNEY



Physical fitness is not so complex in fact,
a variety of exercise patterns, interesting
and not boring. The fun of experiencing sports.

1 Double arm double wheel pulling



2 Single arm single wheel bells



3 Standing wheel lateral raise arms



4 Standing arm single wheel lateral raise



5 Double arm lift lifting



6 Double arm and double arm pull back to pull back



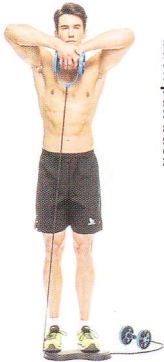
7 Double cross arms standing lateral raise



8 Double cross arms standing lateral raise



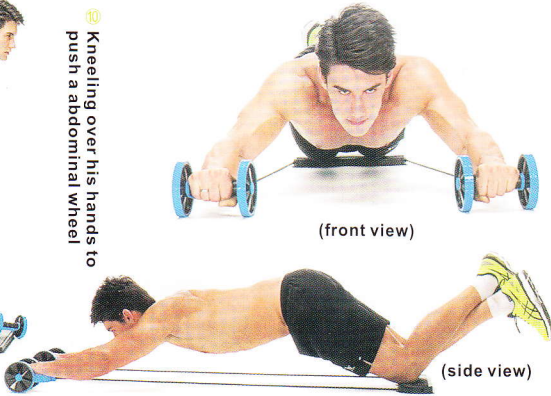
9 Single arm single arm bending



10 Single arm single arm pull back pull back



11 Kneeling over his hands to push a abdominal wheel

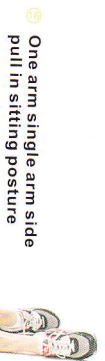




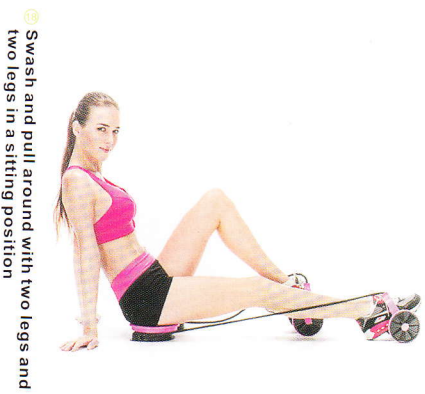
48 Double buttocks and double wheeled intersecting push and pull



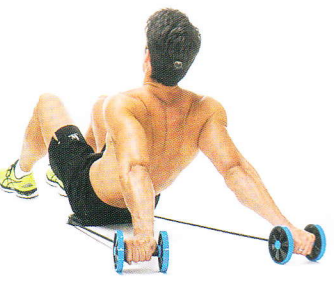
49 One - foot single - leg pull up



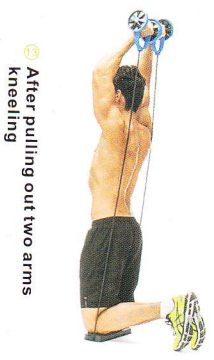
50 One arm single arm side pull in sitting posture



51 Swash and pull around with two legs and two legs in a sitting position



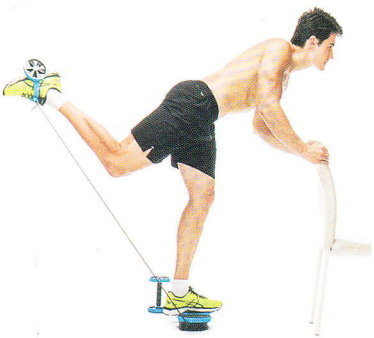
52 Push pull double arms posture



53 After pulling out two arms kneeling



54 Stand buttocks with a single wheel



55 Stand down one leg and pull back

Multifunction pulley wheel

Rage reducing abdomen belly artifact



PARAMETER

Name: multifunctional healthy belly wheel

Weight: 0.9kg

Materials: engineering plastics, elastic

Color: green, blue, rose

rubberSize: antiskid plate long 42.1cmHandle length 17.5cm

Features: slimming, abdomen, create the perfect curve, Exercise for the muscles of the leg, abdomen and waist, and other muscles. The fleshy part of the easy accumulation More effective combustion, to achieve body shaping and body effect.



Lady's main push

The effect of this product revolving can easily reach the thin waist. Lift the buttocks and breasts, thin legs, abdomen, enhance physical fitness, improve the resistance,

Persisting in use can improve cervical spondylosis, lumbar muscle strain, subhealth and so on.

STAND BUTTOCKS WITH A SINGLE WHEEL

Five kinds of strength adjustment of auxiliary pull ropeDifficult and adjustable

